

Welcome to AMS!

> After you have registered as a jobseeker, we will contact you by phone, SMS, email, or letter to schedule an appointment.



You can view your scheduled appointments in the Job Market E-services.

> Together, we will create a plan to support you in your job search.

> Your rights as a jobseeker:

- Right to individual guidance on employment and education.
- Right to services offered by AMS.

> Your obligations as a jobseeker:

- When you register as a jobseeker, you must provide AMS with information about your skills, education, and work history.
- Follow your plan and report the completion of agreed tasks within the deadline.
- Notify AMS of any changes in your job search or contact information.
- Actively seek work and education.
- Attend scheduled meetings and be available for contact.

How to apply for unemployment benefits

You must be registered as a jobseeker at AMS to receive unemployment benefits.

One of the requirements to receive unemployment benefits is that you are actively seeking and able to accept a fulltime job.

You can apply for unemployment benefits through the E-services using your online banking credentials: www.ams.ax/e-tjanster

If you can't use our E-services, you can apply on paper.

You apply for earnings-related allowance from your unemployment fund.

! Suspension period

If you neglect your obligations as a jobseeker, you may lose your right to unemployment benefits for a certain period of time or until further notice.

Our E-services are available day and night.

www.ams.ax



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Jobs in Åland

Discover new career opportunities:

www.ams.ax/sok-jobb/jobba-pa-aland

Job Market

Job Market is a platform that provides good opportunities to find jobs that match your skills: www.jobbmarknaden.fi

- Browse job ads, create a job search profile (My Career Path), and let employers find you.
- Get instant updates on new job vacancies with the job alert feature. Subscribe to job alerts and choose your search criteria. You will receive an email when jobs matching your criteria are published.

Prepare for your first meeting with your contact person

- Think about your skills and what kind of support you would like to receive from AMS.
- Bring employment certificates and any other relevant documents to the meeting.
- We will contact you and schedule a meeting within 10 days after you have registered as a jobseeker.

Plan

- Tell us about your skills and your goals.
- Apply for the agreed number of jobs.
- You decide which jobs to apply for.
- You can find your plan in the E-services.



Remember to notify us within the given deadline:

- Information about your job applications.
- How you have fulfilled the plan.
- Any changes in your situation.

Individual meetings face-to-face, by phone, or online

- We are in contact approximately every three months.
- We review your situation, your goals, and your service needs.
- The main goal is to help you find employment.



Forms and other attachments can be submitted to AMS during our opening hours or placed in the mailbox outside our entrance.

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